

## **Tricycle and Tandem 10 mile TT**

Saturday 12th October 2019 starting at 14.01pm

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

**EVENT SECRETARY:** Neil Winter, 14, Sunbeam Avenue, North Hykeham, Lincoln, LN6 9SG.

**TELEPHONE:** 07914596880

**EVENT HQ:** Sleaford New Life Centre, 25, Mareham Lane, Sleaford NG34 7JP.

**PARKING:** There is ample parking at the HQ.

**NOTE:** The Lincolnshire RRA Championship 10 with follow this event.

**TO THE START:** Allow sufficient time to reach the Start which is approximately 2 miles from HQ.

From the HQ go Right and over traffic lights towards Grantham. At the Quarrington roundabout, take the 1<sup>st</sup> exit on to A15, the start is in approximately quarter of a mile.

The parking in Start and Finish areas is restricted to Official vehicles only

**COURSE:** <u>START</u> on A15 Sleaford By Pass 0.25 miles South of Quarrington Roundabout

near field entrance with large tarmac entrance both sides of A15. Proceed South on A15 to Osbournby Roundabout (A15/A52).

Encircle Roundabout and retrace along A15 to FINISH approximately 80 yards before

Lay-by sign, approximately a 1/3 mile short of the Start.

TIMEKEEPERS: Sharon Fensom (Spalding CC), Steve Walker RECORDER: Lou Hanslow

START MARSHALLS: Andy Newham, Les Young

MARSHALLS: Dave Capps, John Woolley, Rod Oglesby

**HQ HELPERS:** Sarah Freeman, Mary Hardy,

## **INSTRUCTIONS TO RIDERS:**

- 1. Cycling Time Trials strongly advise the wearing of a hard-shell helmet that meets an internationally accepted safety standard
- 2. It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active while the machine is in use
- 3. The start should be approached without performing a U Turn!
- 4. On finishing call out your number and continue along A15 without performing a U Turn!
- 5. No warming up on the course once the event is in progress

Tricycle Prizes: (One prize per rider) Fastest £15, First Handicap £15, Fastest Tandem Tricycle of the weekend Prize (average speed): £20

Have a good and safe ride

## Trike / Tandem 10

<u>No</u>	<u>Off</u>	<u>Name</u>	<u>lastname</u>	<u>Club</u>	Нср	<u>Machine</u>
2	14.01	Lez	Young	Lincoln Wheelers CC	-	Tandem Tricycle
-	-	Peter	Holland	Lincoln Wheelers CC	-	Tandem Tricycle
4	14.03	lan	Pike	Lincoln Wheelers CC	-	Tandem Tricycle
-	-	Gary	Wright	Lincoln Wheelers CC	-	Tandem Tricycle
5	14.05	Paul	Markey	Tricycle Association - North Western Region	7.00	Tricycle
6	14.06	David	Hardy	Leicester Forest CC	6.00	Tricycle
7	14.07	Sid	Charlton	Lincoln Wheelers CC	1.00	Tricycle
8	14.08	lan	Mackenzie	Southend Wheelers	7.00	Tricycle
9	14.09	Paul	Potter	Lincoln Wheelers CC	2.00	Tricycle
10	14.10	Wayne	Baker	Tricycle Association South West Region	1.30	Tricycle
11	14.11	Geoff	Booker	Oxonian CC	0.00	Tricycle